



Handsworth Grange
Community Sports College

An outline of the Y7
Personal, Social,
Health and
Citizenship
Education Programme

Information for Parents and Carers



Handsworth Grange
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An outline of the Y8
Personal, Social
Health and
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Programme

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Handsworth Grange
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An outline of the Y9
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An outline of the Y10
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An outline of the Y11
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Why do PSHCEE (Personal, Social, Health, Citizenship, Economic Education)?

The aim of PSHCEE is to provide learning situations in which pupils can consider and evaluate knowledge, attitudes and beliefs concerned with their personal and social lives. The programme is designed to enable the young people to develop skills and understanding which will equip them to make more positive choices, and move towards being more responsible, happy and healthy members of society.

What does PSHCEE cover?

The courses are divided into units which are:

- Bullying (Y7-10),
- Citizenship (all years),
- Safety (Y7,8 ,9 ,11),
- Health (all years),
- Equal Opportunities (Y7, 8, 10, 11),
- Careers (all years),
- Parenthood (Y9 + 10), and
- Mental Health (Y9 and 11)

These encompass a broad range of subject matter and skills development in each year's course. Drugs education, and Sex and Relationships Education (SRE) are delivered within the Health Units.

How is it taught?

PSHCEE is taught by a small, committed and experienced, specialist team, in one 60 minute lesson per week. The focus is on evaluating attitudes, examining values, developing skills and understanding the views of others. Teaching styles are highly interactive, predominantly group based, and

reflect our commitment to enabling all pupils to participate equally, within a safe, supportive, challenging and fun environment.

The team consists of Mrs Rebecca Stothard (PSHCEE subject leader) and Ms Denise Powell (Careers and Guidance coordinator) as fulltime specialists. Mr Terry Hudson (head of year 8) is a part-time specialist in the department and one other member of staff teaches some year 7 and 9 lessons.

PSHCEE and Citizenship

Citizenship is now a compulsory subject at Key Stages 3 and 4. It is an integral part of the ethos of the school. It is delivered more specifically across the school curriculum via a wide range of subjects, and also through dedicated units in PSHCEE.

An Outline of Topics Covered in Y7

Bullying	What it is and what to do about it
Health	Friendships, puberty, personal hygiene, smoking, solvents, managing peer pressure
Equal Opportunities	Understanding disability (A major part of this is a research project, most of which is done in pupils' own time, leading to a presentation.)
Safety	Risks and hazards, safety around water, derelict land, fires, and public transport
Citizenship	Decision making, British Government, family types and relationships in them
Careers	What is 'work'? Self assessment in relation to skills and qualities

Skills to be worked on this year - confidence, prioritising, organising, self-evaluation and personal reflection, research and independent learning, managing peer pressure, listening, tolerance and respect for self and others, dealing with conflict, decision making, working in groups, empathy and emotional literacy

PSHCEE and Citizenship

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An Outline of Topics Covered in Y8

Bullying	Different types of bullying. Verbal bullying and what to do about it.
Study Skills	Team development & group work skills. A look at different learning styles.
Health	Puberty, relationships, eating disorders, self esteem and alcohol.
Equal Opportunities	Understanding and dealing with racism.
Safety	Personal safety, including some strategies to manage difficult situations. Safety around electricity and railways.
Citizenship	Rights and responsibilities, civil and criminal law the European Union, children and work
Careers	The Real Game

Skills to be worked on this year - confidence, self-evaluation and personal reflection, research and independent learning, managing peer pressure, listening, tolerance and respect for self and others, dealing with

difficult situations, decision making, working in groups, empathy and emotional literacy

PSHCEE and Citizenship

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An Outline of Topics Covered in Y9

Bullying Sexual harassment and its effects.

Study Skills Communication skills, listening effectively.

Health Drug education and visiting speakers, relationships expectations, feelings, body awareness, and contraception. Alcohol and peer pressure.

Parenthood What is a parent? Why be a parent? Impact of children on parents, and roles & responsibilities of parents.

Safety Safety in relationships - the types of domestic abuse, causes, effects and kinds of support available to those experiencing it.

Citizenship Law and order - crime, rights of young people and powers of the police. Local government. Conflict in families and how to deal with it.

Careers Introduction to the Careers library and related software, Making choices. Qualities and skills.

Skills to be worked on this year - confidence, self-evaluation and personal reflection, managing peer pressure, listening, tolerance and respect for self and others, dealing with difficult situations, decision making, working in groups, conflict resolution, empathy and emotional literacy

PSHCEE and Citizenship

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An Outline of Topics Covered in Y10

Health Drug education - more detailed information, values and attitudes. Revisit contraception. Skills in relationships. Sexually transmitted infections, including HIV/AIDS.

Parenthood Using the BBC "baby borrowers" DVD to show the realities of parenthood. Facts and choices about abortion. Choices in unintended pregnancy.

Equal Opportunities A look at gender issues, ageism and sexuality

Citizenship Crime and punishment, democracy and government

Death and bereavement funerals, stages of grief, dealing with loss.

Careers Preparation for work experience

Skills to be worked on this year - confidence, self-evaluation and personal reflection, studying effectively, managing peer pressure, listening, tolerance and respect for self and others, negotiating in

relationships, decision making, working in groups, empathy and emotional literacy

PSHCEE and Citizenship

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An Outline of Topics Covered in Y11

Study Skills	Revision and exam techniques. Managing stress.
Health	Examining own and society's attitudes and values around sex and relationships. Making informed choices. Sexually transmitted infections, and maintaining good sexual health. Breast and testicular cancer, pornography.
Mental Health	Society's perceptions about mental health, the stigma attached to those who experience mental ill health, information about various mental health issues e.g. depression, schizophrenia etc.
Money	Leaving home and living independently. Budgeting and managing money.
Careers	Options at 16; Job routes; Writing CVs; Work skills. Using the Connexions service.

Skills to be worked on this year - confidence, self-evaluation and personal reflection, studying effectively, managing peer pressure, listening, tolerance and respect for self and others, making positive, informed choices in relationships, decision making, working in groups, empathy and emotional literacy, budgeting. Literacy in the area of careers and self-promotion.